



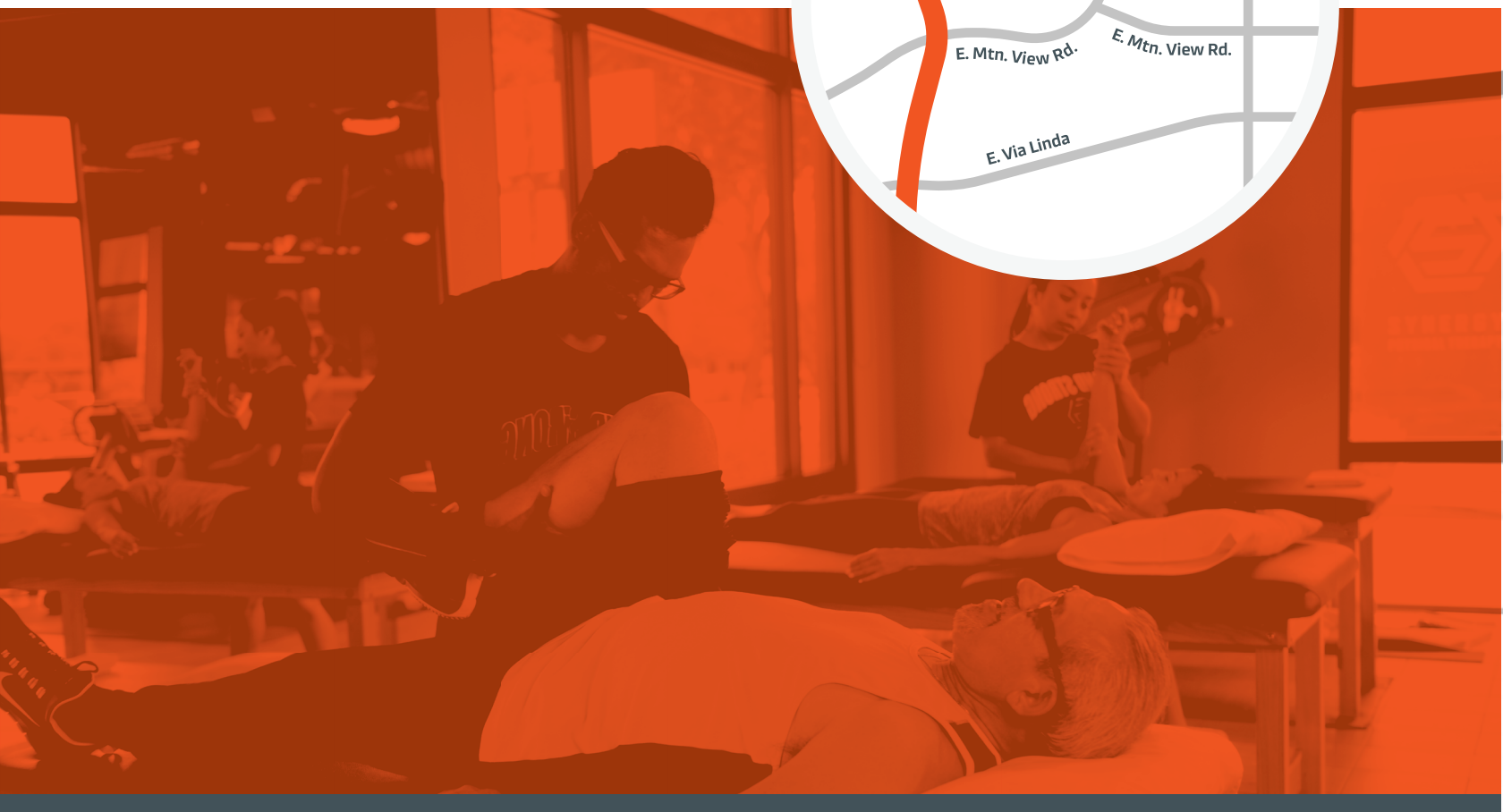
**SYNERGY**  
PHYSICAL THERAPY

9941 N 95TH ST #102  
SCOTTSDALE, AZ 85258  
**[P] 480.767.0794**  
**[F] 480.767.0797**

***Synergy Physical Therapy is a patient-focused clinic that successfully treats surgical and non-surgical diagnosis.***

We are for everyone because of our dynamic approach to physical therapy.

Synergy Physical Therapy is conveniently located off the 101 and Shea in Scottsdale.



[SYNERGYTPH.COM](http://SYNERGYTPH.COM)

**STAND STRONG,  
WE'RE BY YOUR SIDE**



**SYNERGY**  
PHYSICAL THERAPY

## The relationship between **doctors and physical therapists**

Synergy Physical Therapy has an open door policy! We know that the best way to empower a patient is by creating a close relationship between the doctor and physical therapist.

## How do we empower the patient **together?**



**HAVE A CLOSE RELATIONSHIP**



**COMMUNICATE OPENLY**



**TRUST THE PROCESS AND EACH OTHER**



**UNDERSTAND THE BENEFITS OF PHYSICAL THERAPY  
FOR PREHAB, POST SURGICAL, MUSCULAR  
IMBALANCES, AND OTHER INJURIES**

## **When we make the patient the middle man...**

- Information is easily lost between the doctor and clinicians.
- The process to get answers and understand the patient takes longer.
- Patient questions the process and who to trust.

## **When doctors and clinicians have a close relationship:**

- Patients trust the process.
- Patients see the trust the doctor has in the physical therapist and vice versa.
- Doctors understand the process of the breakdown, buildup, and restructuring of bad habits
- Doctors and physical therapists both understand the patient's goals and structure plan of care around that
- Doctors understand that physical therapy takes time, and there is not a quick fix.

## **The stronger the team, the better the results!**

### **THE BOTTOM LINE:**

**EMPOWERING PATIENTS TO TAKE CHARGE OF THEIR HEALTH AND REHAB STARTS WITH A STRONG TEAM AROUND THEM. DOCTORS, PHYSICAL THERAPISTS, AND PATIENTS SHOULD ALL BE ON A TEAM TOGETHER.**

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**Empowering the patient**  
PT First.

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